START THE DAY WITH SCHOOL BREAKFAST

Did you know that your school offers a healthy breakfast every day? Help make sure students are ready to learn by starting the day with school breakfast!

WHY EAT SCHOOL BREAKFAST?

Increased Productivity
Students who eat school breakfast have better attendance rates, improved behavior, decreased tardiness, and are more likely to have better comprehension and memory in class.

Better Health
School breakfast can help protect students against obesity and other negative long-term health outcomes. It can also stop hunger-related tummy aches and headaches, decreasing visits to the school nurse.

Easier Mornings
Eating school breakfast helps save money and gives families one less thing in the morning to worry about! Students can reliably eat a healthy, balanced meal every day.

School breakfast is available to all students, every day. School breakfast includes fruit or vegetables, whole grains, and protein, making a nutritious start to the day.

Breakfast location: Primary Schools & FTMS in Cafeteria -- Jr High & HS- Carts in Hallways
Breakfast time: Primary Schools 8:30am-8:45am, FTMS 7:20am-7:40am, JH&HS- 7:15am- 7:45am
Menu can be found at: https://www.anthonywayneschools.org/Food Services.aspx